

GUEST SPEAKER ANNOUNCEMENT



DBSA MERRIMACK VALLEY

To improve the lives of people living with mental illness.

**Depression and Bipolar
Support Alliance**
DBSA Merrimack Valley

The Depression and Bipolar Support Alliance Merrimack Valley Chapter welcomes:

Mr. David Wilensky, LICSW
Director, Adult Partial Hospitalization Program
Lowell Treatment Center
A Program of Arbour Health Systems

Topic: The state of therapy in the Merrimack Valley
Where: Lowell First Church of the Nazarene
1195 Varnum Avenue, Lowell MA
When: Thursday, October 27, 2011 6:00PM-7:30PM
Audience: Open to DBSA Group Attendees, Students, and
Mental Health Professionals.

DBSA Merrimack Valley is a peer-based self-help support group focusing on issues surrounding bipolar and depressed individuals and their families. We are affiliated with the National Depression and Bipolar Support Alliance and a registered 501 (c)(3) Non Profit.

Our mission is to improve the lives of people living with mental illness. No appointments or referrals are needed to participate in our groups. We do not require membership or fees.

Our meetings are open to anyone who suffers from the symptoms of a mood disorder, families and friends. Come and get supported!